

[PDF] 1,000 Indian Recipes (1,000 Recipes)

Neelam Batra - pdf download free book



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Description:

From the Back Cover 1,000 INDIAN Recipes

It's Like Getting 5 Cookbooks for the Price of 1

- Spice Blends
- Starters, Snacks, Soups, and Salads
- Curries and Entrées
- Chutneys and Sides

- *And Much More!*

DELVE INTO THE FASCINATING FLAVORS and variety of Indian cuisine with this unrivaled recipe collection. You'll discover delicious choices for dishes that make Indian food unforgettable: crispy fritters; tangy pickles; *chaat* snacks and salads; refreshing yogurt *raitas*; richly flavored curries; comforting legume (*dal*) dishes; creative vegetable and meat main courses and side dishes; decadent desserts; and exotic drinks.

To guide your cooking, Neelam Batra provides time-and labor-saving methods, ingredient substitutions, and menu suggestions, and addresses modern health concerns without sacrificing flavor. This is a book Indian food lovers-and health-conscious eaters and vegetarians, too-can turn to for everyday meals and special occasions for years to come!

Praise for *1,000 Indian Recipes*

"Neelam's passions and knowledge of her homeland's cuisine and history shine through on every page. Both experts and novices alike will find this encyclopedic compendium of Indian dishes refreshing and insightful."

—**NANCY SILVERTON**, PASTRY CHEF AND CO-OWNER OF CAMPANILE RESTAURANT AND BAKER AND OWNER OF A BREA BAKERY (LOS ANGELES)

"I can't wait to sample her recipes for paneer, her salads and flatbreads, and of course, the chutneys and curries. Make room for Neelam Batra's book on your kitchen bookshelf!"

—**DEBORAH MADISON**, AUTHOR OF *LOCAL FLAVORS, COOKING AND EATING FROM AMERICA'S FARMERS' MARKETS AND VEGETARIAN COOKING FOR EVERYONE*

"To Savor a proper curry is to feel your palate awakened to an explosion of flavor. Neelam's recipes simmer with the fire of life."

—**MICHAEL JACKSON**, AWARD-WINNING ENTERTAINER AND INDIAN FOOD LOVER

About the Author NEELAM BATRA was born in New Delhi, India, and moved to Los Angeles with her husband, Pradeep, in 1973. She has taught at local cooking schools in Santa Monica for 18 years, and is the author of two cookbooks, *The Indian Vegetarian* and *Chilis to Chutneys*. She has also been a guest and on-air instructor for national TV cooking shows in the United States and India. She lives in Santa Monica, California, with her husband, Pradeep.

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